exposed; and calculating the total area that has got to bear this pressure, it will I think amount to something quite overwhelming; and yet how wonderful is the balance of forces. We do not many of us seem even to know that we are each and every one of us such heavy-weight champions born. If per chance due to some unforeseen cause, our physical frame *ok* mental were rendered weaker at any particular point, the balance would get disturbed, followed by a redistribution of forces, leading either to the total extinction ultimately, of the life-forces.

Of course, it is not capable of demonstra-tion always, to show how things happen in our mental world in the same way as it is possible with regard to our physical. Life is indeed a mystery, and a result of the most complex combinations of forces known and unknown, within its fabric. Still, for all that, we try and cannot but try to get a peep into its hidden mysteries.

It is because of this, that I venture, to make an attempt at explaining, what I had ex-

perienced, regarding this very subtle entity time and again, during so many of the critical periods of my life, when made almost to face